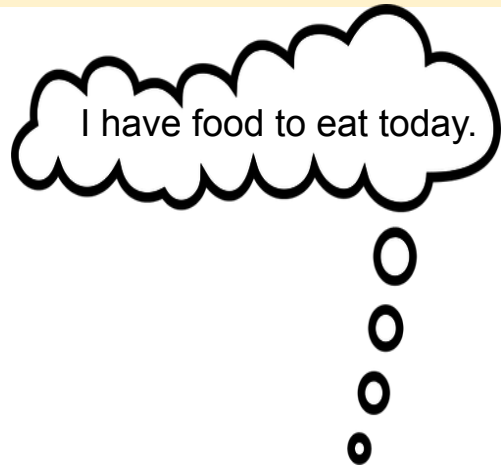


I Can Be Grateful!

~Feeling or Showing Thanks and/or Appreciation~
*Thankful *Appreciative

It has been shared that human beings make over 30,000 choices in a single day!
Let's make the choice to be **grateful!**

Be Still and Close Your Eyes.
Think About 1 Thing You Are Grateful For.

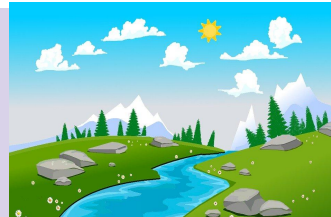


Write and Draw 1 Thing You Are Grateful For.



I have clothing to wear.

Think About Nature.
Imagine a Clean and Healthy Earth.



Tell Someone 1 Thing You Appreciate About Him/Her.

