Unit Questions: Personality Development

1. Describe the assumptions of Freud’s psychodynamic approach to personality.

2. Define and describe the nature and function of the id, ego, and superego.

3. Compare the pleasure principle to the reality principle.

4. Explain the purpose and give an example of some major defense mechanisms.

5. Name and describe the psychosexual stages of personality development

6. Explain some of the neo-Freudian variations on Freud’s theory such as the major contributions of Jung’s and Adler.

7. Compare and contrast Allport’s trait theory and the five factor (Big Five) model.

8. Describe biological trait theories, specifically Han’s Eysenck’s theory.

9. Compare and contrast the operant approach (Skinner) and social-cognitive theories of personality.
10. Describe Bandura’s reciprocal determinism and perceived self-efficacy, and Mischel’s person-situation controversy.

11. Describe the humanistic approach to personality and how it has progressed research in positive psychology.

12. Identify and compare the beliefs of Carl Rogers and Abraham Maslow.

13. Describe some criticisms of the humanistic approach.

14. Describe cultural differences in the concept of self. Explain how these differences shape the development of personality.