

Breakfast & Lunch Menu - September 2020

Cabarrus County Schools

	Tuesday, September 1	Wednesday, September 2	Thursday, September 3	Friday, September 4	Saturday, September 5
Pork and Beef items are labeled Please see table at the bottom of the calendar	Breakfast: Pancake Wrap 4 oz Juice Lunch: BBQ Sandwich * Baby Carrots w/ Ranch Apple	Breakfast: Single Count PopTart Applesauce Lunch: Chicken w/ Rice & Gravy Steamed Carrots Orange	Breakfast: Honey Bun 4 oz Juice Lunch: Mini Corn Dogs (chicken) Corn Mixed Fruit	Breakfast: Sausage Biscuit Banana Lunch: Turkey Sandwich 1/4 cup salsa w/ tortilla chips Frozen Strawberry Cup	Breakfast: Cereal Raisins Lunch: Yogurt Bowl (4 oz yogurt cup, cheese stick + grahams) Baby Carrots w/ Ranch Craisins
Monday, September 7	Tuesday, September 8	Wednesday, September 9	Thursday, September 10	Friday, September 11	Saturday, September 12
Labor Day No School	Breakfast: Mini French Toast 4 oz Juice Lunch: Chicken Nuggets w/ Breadstick Mixed Veggies Apple	Breakfast: Single Count PopTart Applesauce Lunch: Baked Spaghetti Steamed Broccoli Orange	Breakfast: Muffin 4 oz Juice Lunch: Chicken Sandwich Corn Mixed Fruit	Breakfast: Sausage Biscuit Banana Lunch: Yogurt Bowl (4 oz yogurt cup, cheese stick + grahams) Baby Carrots w/ Ranch Craisins	Breakfast: Cereal Raisins Lunch: Hawaiian Roll Turkey & Cheese Sandwich 1/4 cup salsa w/ tortilla chips Frozen Strawberry Cup
Monday, September 14	Tuesday, September 15	Wednesday, September 16	Thursday, September 17	Friday, September 18	Saturday, September 19
Breakfast: Chicken Biscuit 4 oz Juice Lunch: Chicken Sandwich Corn Mixed Fruit	Breakfast: Pancake Wrap Strawberry Cup Lunch: BBQ Sandwich * Mashed Potatoes Apple	Breakfast: Single Count PopTart Applesauce Lunch: Chicken w/ Rice & Gravy Steamed Carrots Orange	Breakfast: Honey Bun 4 oz Juice Lunch: Mini Corn Dogs (chicken) Corn Mixed Fruit	Breakfast: Sausage Biscuit Banana Lunch: Hawaiian Roll Turkey & Cheese Sandwich 1/4 cup salsa w/ tortilla chips Frozen Strawberry Cup	Breakfast: Cereal Raisins Lunch: Yogurt Bowl (4 oz yogurt cup, cheese stick + grahams) Baby Carrots w/ Ranch Craisins
Monday, September 21	Tuesday, September 22	Wednesday, September 23	Thursday, September 24	Friday, September 25	Saturday, September 26
Breakfast: Cinnamon Roll 4 oz Juice Lunch: Cheeseburger + Corn Mixed Fruit	Breakfast: Mini French Toast Frozen Strawberry Cup Lunch: Chicken Nuggets w/ Breadstick Mixed Veggies Apple	Breakfast: Single Count PopTart Applesauce Lunch: Soft Tacos Baked Beans Orange	Breakfast: Muffin 4 oz Juice Lunch: Chicken Sandwich Steamed Broccoli Mixed Fruit	Breakfast: Sausage Biscuit Banana Lunch: Yogurt Bowl (4 oz yogurt cup, cheese stick + grahams) Baby Carrots w/ Ranch Craisins	Breakfast: Cereal Raisins Lunch: Hawaiian Roll Turkey & Cheese Sandwich 1/4 cup salsa w/ tortilla chips Frozen Strawberry Cup
Monday, September 28	Tuesday, September 29	Wednesday, September 30			
No School Breakfast: Chicken Biscuit 4 oz Juice Lunch: Chicken Sandwich Baked Beans Mixed Fruit	Breakfast: Pancake Wrap Frozen Strawberry Cup Lunch: BBQ Sandwich* Mashed Potatoes Apple	Breakfast: Single Count PopTart Applesauce Lunch: Chicken w/ Rice & Gravy Steamed Carrots Orange	* = contains pork + = contains beef -Sausage biscuit is made with chicken sausage (no pork or beef) -Pancake Wrap is made with turkey (no pork or beef)		

