



## Cab Tech School Counseling Department

### JUNIOR YEAR

#### What to Expect

##### Supports

- ✓ **Academic** – Navigating academic challenges by taking a look at their academic habits and practices, suggesting new approaches and alternatives to try. Actual course selection/advising conducted by Mrs. Board. The PSAT will be administered in late Fall, and the ACT in early Spring
- ✓ **Social-Emotional** – Small group offerings via volunteered participation, along with brief check-ins (both student and counselor initiated)
- ✓ **College & Career** – Junior Prep Session held in early August to review college planning, career exploration options, college entrance exams, request processes, and financial aid. College & military visits held from September to March on campus, along with planned college campus visit trips. On campus fairs held in conjunction with seminar
- ✓ **Consultation** – Parent and student consultations available to assist with communication, planning, and social-emotional support in a collaborative format (appointments only)

#### Enrichment

- Local community, CCS, post-secondary, extracurricular, and other applicable opportunities/initiatives will be shared and posted for students and families via Remind messaging and Ms. Grayson's webpage

#### Events

- **CCS College Fair** – Tuesday, October 5<sup>th</sup> from 6-8pm @ Cabarrus Arena & Events Center (Fairgrounds)
- **PSAT** – Wednesday, October 13<sup>th</sup> @ Cab Tech
- **CCS Financial Aid Night (Fall session)** – Tuesday, October 19<sup>th</sup>, 6:30 @ Winkler Middle School
- **Junior FOCUS Night** – Thursday, February 3<sup>rd</sup> @ 6:15pm; stay tuned for date or time change!
- **Cab Tech Public Service Fair** – Fall semester, date TBD
- **Cab Tech Career Fair** – Spring semester, date TBD
- **CCS Financial Aid Night (Spring session)** – TBA!

**Continue to check the website for announcements and updates throughout the school year! Also be sure to join the Remind messaging app!**

- Cab Tech homepage > Faculty/Staff Websites > Grayson, Shannon
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# SEE BACK!

## **\*\* POST-SECONDARY PLANNING OVERVIEW \*\***

<b>AUGUST</b>	<ul style="list-style-type: none"> <li>-Review your current GPA by setting a new goal and <u>mapping out/calculating the grades needed</u> to reach your goal. <b>This year's transcript will be the one you use to apply to college August-mid January, so make this year count!</b></li> <li>-Attend your Junior Prep Session!</li> </ul>
<b>AUGUST - FEBRUARY</b>	<ul style="list-style-type: none"> <li>-Continue preparations for the PSAT, SAT, &amp; ACT by using free online resources and practice tests</li> </ul>
<b>FALL</b>	<ul style="list-style-type: none"> <li>-Narrow your list of college, major, and career interests to no more than 7</li> <li>-Still unsure of your interests? Take a variety of online career inventories to discover any trends or themes that may help point you in a direction</li> <li>-Attend CCS College Fair Oct.5<sup>th</sup>, 6pm @ Cabarrus Arena</li> <li>-Take the PSAT on Oct.13<sup>th</sup></li> <li>-Attend CCS Financial Aid Night Oct.19<sup>th</sup>, 6:30pm @ Winkler Middle School</li> <li>-Attend Cab Tech Public Service Fair (TBA)</li> <li>-Consider if your schedule/lifestyle can handle a part time job if you don't already have one</li> </ul>
<b>EARLY SPRING</b>	<ul style="list-style-type: none"> <li>Register for SAT dates that occur throughout the semester and summer. Also register to retake the ACT if you'd like to increase your Feb22 scores (once returned). *See Ms. Grayson if you need fee waivers!</li> <li>-Attend Junior FOCUS Night Feb.3<sup>rd</sup> @ 6:15pm</li> <li>-Attend Cab Tech Career Fair (TBA)</li> </ul>
<b>LATE SPRING</b>	<ul style="list-style-type: none"> <li>-Narrow your list of college, major, and career interests again to no more than 5 and rank them based on your interest. Then create a list that details/compares their costs (total vs. net) and entrance requirements</li> <li>-Create a list of recurring scholarships you intend to apply for in the Fall. Review student loan options</li> <li>-No plans to attend college beyond Cab Tech? Explore military options and occupation projections for cities where you'd like to live, then come see Ms. Grayson!</li> </ul>
<b>YEAR LONG</b>	<ul style="list-style-type: none"> <li>-<u>Continue</u> to expand and <u>document</u> your student profile via academic enrichment programs, <b>community service</b>, summer workshops, clubs, camps, etc. Seek leadership roles! If you have little to no activities listed at this point, increase your involvement ASAP</li> <li>-Attend local &amp; CCS college fairs and financial aid nights</li> <li>-Schedule and attend college visits! *Don't solely rely on our trips and fairs</li> </ul>
<b>SUMMER</b>	<ul style="list-style-type: none"> <li>-Once again attempt to find meaningful internships or shadowing opportunities you can add to your resume. Also consider a part time job</li> <li>-Schedule and attend college visits! *Don't solely rely on our trips and fairs</li> <li>-Create your FAFSA ID and complete the practice modules.</li> <li>-Create your Common App or CFNC accounts</li> <li>-Finalize your list of schools to apply to, and decide your admission type (early decision vs. early action vs. rolling, etc.)</li> <li>-Preview Ms. Grayson's recommendation packet and transcript procedures</li> </ul>