

KIDS:PLUS Daily Health Screening for COVID-19 for Anyone Entering the Building

[adapted from [NC DHHS](#) and [ChildCareStrongNC Public Health Toolkit](#) and [StrongSchoolsNC Public Health Toolkit](#)]

The person conducting screenings should maintain 6 ft distance while asking questions. Ask these questions to anyone entering the facility.

Anyone showing who is positive for COVID-19, showing symptoms of COVID-19 or who may have been exposed to COVID-19 are not permitted to be at the facility.

1. Have you or any of the children you are dropping off:

- a. had close contact (within 6 ft for at least 15 minutes) **in the last 14 days with someone with symptoms of COVID-19 or diagnosed with COVID-19, or**
- b. **has any health department or health care provider been in contact with you and advised you to quarantine or self-isolate?**

- Yes → The person should not be at the facility. They can return 14 days after the last time they had close contact with someone with COVID-19 or as listed below.
- No → The person can be at the facility if they are not experiencing symptoms.

2. a. Do you or any of the children you are dropping off have any of these symptoms?

- Fever
- Chills
- Shortness of breath or difficulty breathing
- New cough
- New loss of taste or smell

X

If yes to any of these, do not proceed. If yes to any of these symptoms, they should go home, stay away from others, and should call their health care provider. Household members (e.g., siblings) should also quarantine for 14 days from last exposure, unless the symptomatic person is cleared as a result of a negative test for COVID-19.

b. Do you or any of the children you are dropping off have any of these symptoms?

- Nausea or vomiting
- Diarrhea
- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Congestion or runny nose

If yes to either of these, follow normal health policy – exclude from care until at least 24 hours after last symptom.

If yes to any of these, monitor closely. If children are not feeling well enough to participate in activities, they should be excluded until feeling well again.

3. Since they were last here, have you or any of the children you are dropping off been diagnosed with COVID-19?

- Yes → The person should not enter the facility.
- No

Returning to Child Care

If excluded from care due to Questions 1, 2a, or 3:

Situation(s) determined by daily health screening:	Criteria to return to child care:
<p>Person has symptoms of COVID-19 and has not been tested</p> <p>OR</p> <p>Person has symptoms of COVID-19 and has been diagnosed with or tested positive for COVID-19</p>	<p>Person can return to the facility when they can answer YES to ALL three questions:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Has it been at least 10 days since symptoms first appeared? <input type="checkbox"/> Has it been at least 24 hours since they had a fever (without using fever reducing medicine)? <input type="checkbox"/> Has it been at least 24 hours since their symptoms have improved, including cough and shortness of breath? <p>Once the criteria above is met, it is <u>not necessary</u> to require a negative COVID-19 test in order to return to care.</p>
<p>Person has not had symptoms of COVID-19 but has been diagnosed with COVID-19 based on a positive test</p>	<p>Person can return to the facility once:</p> <ul style="list-style-type: none"> <input type="checkbox"/> 10 days passed since the date of their first positive test <p>However, if the person develops symptoms of COVID-19 after their positive test, they must be able to answer yes to ALL three questions above before returning.</p>
<p>Person has been excluded because of COVID-19 symptoms, but then tests negative for COVID-19</p>	<p>Person can return to the facility once they can answer yes to both questions:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Has it been at least 24 hours once the person had a fever without the use of fever-reducing medicine? <input type="checkbox"/> Has the person felt well for at least 24 hours?
<p>Person has been determined to be in close contact with someone with symptoms of or diagnosed with COVID-19</p>	<p>Person can return to the facility once they complete at least 14 days of quarantine at home. Quarantine should begin immediately after any known exposure and quarantine will end 14 days after the date of last exposure. For more details and scenarios, including quarantine requirements when a person shares a household with someone with COVID-19, refer to CDC guidelines.</p> <p>The purpose of the quarantine is to determine if a person who has been exposed will get infected. They must complete the full 14 days of quarantine, even if they test negative. However, if the person tests positive or develops COVID-19 symptoms, return to care must follow the criteria above.</p>

A child can return to care, following normal policies, if they receive confirmation of an alternative diagnosis from a health care provider that would explain the COVID-19-like symptom(s), once there is no fever without the use of fever-reducing medicines and they have felt well for 24 hours.