

# **Cabarrus County Resource Guide**

The need for a resource guide was identified by the members of the Advisory Council. Part of the Mission, Vision, and Function of the Advisory Council is to advise members of the community about the resources and through this sharing of information, help consumers achieve their full potential through inclusion in many aspects of community living.

## **TABLE OF CONTENTS**

### **(A – Z)**

Animal Shelters	4
Brain Injury	4
Children’s Activities / Programs	5
Children’s Consignment	5
Child Care Resources	6-7
Clothing Assistance	7-8
Clothing Thrift Stores	8
Consumer Credit Counseling/Home Buyer Education	8-9
Courts / Legal / Criminal Justice Information	9-10
Dental Assistance	10-11
Developmental Disabilities Resources	11
Disaster Relief / Assistance	12
Domestic Violence Shelters	12-13
Educational Resources	13-14
Employment Assistance	14-15
Financial Assistance-eviction/cut-off utility notice/rental-utility deposits	15
Food Pantries	16-17
Geriatric Services / Older Adults	17-18
Government – Local	18-19
Grief / Bereavement	19-20
Housing Resources	20-23
- Emergency Housing	
- Long Term / Transitional	
- Home Furnishing Resources	
Information and Referral	23

Literacy	23
Medical Assistance Programs/Clinics	23-26
Mental Health Resources (including substance abuse)	26-29
Parenting Education	29
Pediatrics Practices	29-30
Pregnancy Assistance	30
Prescription Assistance	30
Suicide Resources	31-32
Substance Abuse Services	32-34
Transportation	34-35
Veterans Information	35

## **Animal Shelters**

Human Society of Concord

PO Box 3104, Concord, NC 28025

704-784-4434

[www.cabarrushumanesociety.org](http://www.cabarrushumanesociety.org)

Military Pet Outreach Network, Inc.

PO Box 1353, Mt. Pleasant, NC 28124

704-363-2824

[www.militarypetoutreach.rescuegroups.com](http://www.militarypetoutreach.rescuegroups.com)

*Military Pet Outreach Network* rescue rehomes pets for active duty and veteran military who are misplaced due to deployment, relocation, illness or death. The *Military Pet Outreach Network rescue* is statewide but can help out of state as well. We have a listing service for pets and also take in the pets if time runs out. If fostering is needed while the soldier is deployed this can be arranged.

Cabarrus Pet Society

[www.cabarruspets.com](http://www.cabarruspets.com)

Cabarrus Pet Society is a non-profit, all volunteer run, humane society serving Cabarrus County and surrounding areas in North Carolina. Our main focus is rescuing animals in need and finding them loving homes. Check out our adorable pet page to see our currently available dogs and cats. We also strive to educate the public about the importance of spaying and neutering to help reduce the pet overpopulation problem in this area and across the country, as well as other pet health issues relevant to pets living in our area. Check out our pet care section for great articles about pet health and behavior.

Phone: 704-786-7729

Email Address: [petpals@cabarruspets.com](mailto:petpals@cabarruspets.com)

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## **Children's Activities / Programs -**

Big Brothers Big Sisters of Cabarrus County:

Victoria Sanders - Director of the Cabarrus County Chapter

555 Concord Parkway, South Suite 318, Concord 28027 (Housed at the Speedway)

Phone: (704) 305-3411

Email: [victoria.sanders@bbbs.org](mailto:victoria.sanders@bbbs.org)

[www.bbbs.org](http://www.bbbs.org)

BBBS mission is to help children reach their potential through professionally supported, one to one relationships with measurable impact on children's lives. Serves children ages 5-18\* in communities across Mecklenburg and Cabarrus Counties. There are two offices in Cabarrus. Children must be enrolled no later than age 14. Once matched, children can remain in the program until their 18th\* birthday.

Boys and Girls Club of Cabarrus Cty

BGC strive to meet the youth development needs in their communities. It is a safe place where young people can come to enjoy themselves and their friends. Club members have the opportunity to learn, grow, give back to the community, discover their needs, set goals and meet new friends. Offer a full schedule of great activities from simple games to leadership opportunities.

247 Spring Street, NW, Concord, NC 28025  
Phone: 704-721-2582  
Fax: 704-795-2714  
[www.bgclubcab.org](http://www.bgclubcab.org)

#### 4-H Clubs – Cabarrus County Cooperative Extension

715 Cabarrus Avenue, West  
Concord, NC 28027  
Phone: 704-920-3310  
Fax: 704-920-3323

4-H is a fun program where you get to “learn by doing” Everyone is invited to join. Special activities to match everyone’s interest. Membership is free. Club activities are usually covered by money-making projects conducted by the club.

#### Wings of Eagles Ranch

4800 Faith Trails, Concord, NC 28025  
704-784-3147

[www.wingsofeaglesranch.org](http://www.wingsofeaglesranch.org)

WofEi is a family owned and operated non-profit organization which specializes in a practice known as therapeutic horseback riding. Horseback riding provides physical, mental and emotional rewards. Riding motives children and adults with learning challenges to increase their levels of concentration, patience and discipline.

#### YMCA of Cabarrus County

Kannapolis  
101 YMCA Drive  
Kannapolis, NC 28081  
Phone: 704-939-9622  
Fax: 704-933-7500

West Cabarrus (Afton Village)  
5325 Lanford Ave.  
Concord, NC 28027  
704-795-9622  
704-795-5401

Harrisburg  
4100 Main Street  
Harrisburg, NC 28075  
704-454-7800  
704-454-7806

[www.ymcacab.org](http://www.ymcacab.org)

Mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all. YMCA fulfill this by beginning programs with prayer, teaching teamwork and sportsmanship through sports, emphasizing caring, honesty, respect, responsibility and faith. YMCA’s have pools, fitness center, multipurpose rooms, sports fields, exercise classes. Contact each YMCA for their specific facility offerings.

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## Brain Injury

### Hinds Feet Farm

Will DeGraw – Program Director  
(704) 992-1494

<http://www.hindsfeetfarm.org/home.asp>

Hinds’ Feet Farm is dedicated to serving persons living with brain injury. Our mission is to maximize the post injury potential of persons living with brain injury with integrated, unique and holistic programs; allowing our members to pursue meaningful activities while developing a sense of belonging at home and in the surrounding communities. We will accomplish this mission with unique, person-centered, post-rehabilitation, community-based programs.

### PBH

Access - 800-939-5911

Contact PBH's 24/7 Access hotline for assistance with eligibility for services related to brain injury.

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## **Children's Consignment**

The Growing Child – Concord

8621 Concord Mills Blvd., Concord, NC 28027

[www.thegrowingchildonline.com](http://www.thegrowingchildonline.com)

Slightly used children's clothes, toys equipment and accessories. Bought based on brand, age, wear and supply and demand.

Mooresville

484 River Hwy 704-979-5623

Mooresville, NC 28117

Kidstyle

217 S. Main Street

Kannapolis, NC 28081

704-933-4748

Gently used children and infant's clothes and toys

Once Upon a Child - Charlotte

8700 Pineville-Matthews Road

Charlotte, NC 28226

704-541-5144

[kotakids@worldnet.att.net](mailto:kotakids@worldnet.att.net)

Twice Upon a Child

428 N. Center Street

Statesville, NC 28677

704-872-4668

Gently used children's clothes and equipment

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## **Child Care and Preschool Resources**

Child Care Resources

<http://www.childcareresourcesinc.org/default.aspx>

2353 Concord Lake Road Suite 160, Concord, NC 28025

(704) 786-1023

Child Care Search Cabarrus

(704) 786-1024

More at Four

[http://cabarrusmartstart.org/more\\_at\\_four.html](http://cabarrusmartstart.org/more_at_four.html)

<http://governor.state.nc.us>

Cabarrus Partnership for Children

2353 Concord Lake Road, Suite 160 Concord, NC 28025

(704) 262-3683

Cabarrus County School District: Long Preschool

310 Kerr Street, N.W. Concord, NC 28025

(704) 784-3614

Kannapolis City School District: McKnight C.D.C

1300 Glenn Avenue Kannapolis, NC 28081

(704) 932-7433

More at Four is a state funded pre-kindergarten educational program for 4-year-old children. The mission of More at Four is to provide a high quality, language based education program all day during the school year for children with risk factors for school failure. The Cabarrus Partnership for Children is the Program, Fiscal, and Contract Administrator for this program, in collaboration with Kannapolis City Schools and Cabarrus Count Schools. Eligibility is based on 75% of state median family income. Children may be eligible with higher family income if they have additional risk factors. Priority is given to children who have never been enrolled in an early education program, with next priority to children who have not been enrolled in programs of high quality. A child must turn 4 on or before August 31<sup>st</sup> to be eligible. To apply for More at Four, call the Cabarrus Partnership for Children at (704) 262-3683.

Children will be enrolled in the following More at Four Sites:

- Coltrane Webb Elementary School
- Dixon Academy Harrisburg
- Dixon Academy at Northeast
- Elite Child Development Center
- Fred L. Wilson Elementary School
- Irvin Elementary School
- Kids Korner Child Development Center
- Lapetite Academy
- Logan Child Development Center
- Long Preschool
- McKnight Child Development Center
- Rocky River Elementary School
- Winecoff Elementary School
- Woodrow Wilson Elementary School

Subsidized Childcare Program:

Cabarrus DSS

1303 S. Cannon Blvd, Kannapolis, NC 28083

(704) 920-1400

Subsidy assistance based on income/family size and need.

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## **Clothing Assistance**

Baptist Sharing House

117 Peachtree Street, Concord, NC 28025

(704)788-6507

Open: Monday, Tuesday, and Thursday from 8 a.m. to 11 a.m.

Cabarrus County only

First Assembly Crisis Distribution Center

280 Concord Parkway, Suite 60 Concord, NC 28027

(704) 793-4765

Open: Tuesday, Wednesday, Thursday 9 a.m. to 12 noon; 1 p.m. to 3 p.m.

- Cabarrus County only
- Must present NC ID/DL and proof of current residence (utility bill/lease/mortgage)
- Proof of SS number for all in household and proof of all income last 2 months

#### Mt. Calvary Lutheran Church

204 Little Texas Rd. Kannapolis, N.C.

(704) 938-9609

- Call for appointment.

#### Operation Bread Basket

59 Chestnut Dr. SW, Concord, NC

(704) 784-2581

Open: Monday, Wednesday, and Friday 10:00 am – Noon (Closed in July)

- Must fill out application during operating hours above.
- Must provide valid address/ID/DL for applicant
- Must provide proof of SS number for all in household/NC ID/DL.
- Cabarrus Residents Only

#### Salvation Army

216 Patterson Ave, Concord, NC 28025

(704) 782-7822

Open: Wednesday. 9:00 – 11:30 am; and from 1:00 – 2:30 pm

- Cabarrus and Stanly counties
  - Require social security cards for each member of the household.
- Verification of income and expenses  
Picture ID
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### **Clothing Thrift Stores**

#### Carolina Value Village

912 S. Cannon Blvd. Kannapolis, NC 28081

(704) 938-9482

Hours of Operation: Mon. – Fri. 8 a.m. – 9 p.m.; Sat. 8 a.m. – 9 p.m.; Sun. 11a.m – 7 p.m.

#### CVAN - Cool Used Stuff

300 Copperfield Blvd NE # 200 Concord, NC 28025

(704) 721-9020

Hours of Operation: Monday-Friday 10 a.m. to 5 p.m.; Saturday 10 a.m. to 4 p.m.

#### Goodwill Industries Thrift Stores

1806 S. Cannon Blvd. Kannapolis, NC 28081

(704) 938-2218

Hours of Operation: Mon-Sat 9:00am-7:00pm, Sun 1:00-6:00pm

#### Goodwill Industries Thrift Stores

2303 Coldwater Ridge Drive Kannapolis, NC 28083

(704) 784-9000

Hours of Operation: Mon-Sat 8:00am-8:00pm, Sun 1:00-6:00pm



Helping Hands Thrift Store  
119 S Central Ave Landis, NC 28088  
(704) 857-9510

Salvation Army Thrift Stores  
2901 Cloverleaf Pkwy Kannapolis, NC 28083  
(704) 788-2055  
Hours of Operation: Monday – Saturday 10 a.m. – 6 p.m.; Closed Sundays

Treasure Chest  
3701 Poplar Tent Rd Concord, NC 28027  
(704) 720-7788  
Hours of Operation: Tuesday – Saturday 10 a.m. – 6 p.m.

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## **Consumer Credit Counseling/Home Buyer Education**

Prosperity Unlimited  
1660 Garnett Street, Kannapolis, NC 28083  
(704) 933-7405  
Offers Pre/Post Home Ownership Counseling, Mortgage Delinquency counseling, foreclosure advocacy, budgeting, home buying and investment classes.  
Monday through Friday 8:30 a.m. to 5 p.m.

United Family Services  
952 Copperfield Blvd, Concord, NC 28025  
(704)786-7918  
Mon, Tues, Thurs 8-8; Wed 8-6; Fri 8-1  
Budgeting and money management services, credit report review, Debt Management Program, Workshops and educational programs. Mortgage defaults/Rent delinquency counseling, reverse mortgages.

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## **Courts / Criminal Justice / Legal**

Cabarrus County District 19  
Main Telephone Number – 704-786-4137  
Criminal District – 704-786-4137  
Criminal Superior – 704-786-4138  
Civil superior 704-786-4201  
Civil District – 704-786-4201  
Child Support -704-786-4139  
Small Claims – 704-786-7914  
Estates – 704-786-4137  
Bookkeeping – 704-786-4251  
Community Service -704-786-2712  
Custody mediation – 704 786-8547

District Attn – 704-786-6171  
Magistrate – 704-786-6016

Cabarrus County Probation / Community Corrections  
704-782-0824

Dept of Juvenile Justice & Delinquency Prevention

<http://www.juvjus.state.nc.us/>

Phone: 704-786-5611

Fax: 704-792-1993

To promote public safety and juvenile delinquency prevention, intervention, and treatment through the operation of a seamless, comprehensive juvenile justice system. There are juvenile crime prevention councils, community programs and courts services.

Guardian ad Litem

2325 Concord Lake Road, Concord, NC 28025

Phone: (704) 784-4151 Fax: (704) 784-4109

Our mission is to provide trained independent advocates to represent and promote the best interests of abused, neglected, and dependent children in the state court system and to work towards a plan that ensures that these children are in a safe permanent home. A Guardian ad Litem is a trained community volunteer who is paired with an Attorney Advocate to ensure that the child's rights and best interests are before the Court. Ad Litem means "this litigation" or "for this case". The GAL is appointed to represent the child only for the duration of the Court's involvement and does not serve as the child's legal guardian. The GAL serves as the child's voice in court. Duties include exploring all the facts relevant to the case, making recommendations to the Court, and monitoring the case so that it will move through the Court and Social Service systems without needless delays. The GAL is the only person whose sole task is to focus on the best interests of the child.

Kannapolis Police Dept – 704-920-4000

314 South Main Street, Kannapolis, NC 28081

[www.ci.kannapolis.nc.us](http://www.ci.kannapolis.nc.us)

Concord Police Dept – 704-920-5000

PO Box 308, Concord, NC 28026

41 West Cabarrus Avenue, Concord, NC 28025

[www.ci.concord.nc.us](http://www.ci.concord.nc.us).

Sheriffs Office of Cabarrus County

25 Corban Avenue, SE, Concord, NC 28025

[www.cabarruslaw.us/sheriff](http://www.cabarruslaw.us/sheriff)

704-920-3000

Legal Aid of North Carolina

785 Davidson Drive, NW, Concord, NC 28025

Phone: 704-786-4145

Toll Free for consumers only: 800-849-8009

Fax: 704-786-4149

[www.legalaidnc.org/public/learn/locations/offices/Concord/default.aspx](http://www.legalaidnc.org/public/learn/locations/offices/Concord/default.aspx)

Concord office provides legal assistance in civil matters (noncriminal) to eligible, low income clients who have problems with their basic needs and live in the four-county surrounding area (Anson, Cabarrus, Stanly, Union). Community Economic Development cases will be individually reviewed and accepted, if possible.

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## **Dental Assistance**

### **Cabarrus Health Alliance Dental Clinic**

The Village: 280 Concord Parkway Suite 110-A Concord, NC 28027  
(704) 920-1070

Comprehensive dental care for children and emergency care for adults with Medicaid, NC Health Choice, or no dental insurance. Dental Clinic Van travels to various elementary schools, Head Start, or other locations. Call (704) 920-1070 for current location and to make application appointment. Cleaning, Fillings, Emergencies for Adults and Children of all ages. Medicaid, Health Choice, and Private Insurance accepted. Sliding Scale for those who meet criteria. Monday through Thursday 7:30 a.m. to 5:00 p.m.; Friday 8:00 a.m. to Noon.

### **The Community Free Clinic**

528-A Lake Concord Road Concord, NC 28025 (704) 782-0650

- \* For individuals with no insurance plans due to not eligible or not available,
  - \* Household income restriction of 125% of federal poverty. Must be 18 + of age.
  - \* Appointments made First Business Tuesday of each month starting at 9:15 a.m.
  - \* Dental Clinic hours are the Second Tuesday night of each month between 6 to 8:30 p.m.
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## **Developmental Disabilities Resources**

### **PBH – Care Coordination Department**

457 Lake Concord Rd. Concord, N.C. 28025  
(800) 939-5911

PBH provides mental health, substance abuse and developmental disabilities services to the citizens of Cabarrus, Davidson, Rowan, Stanly and Union Counties. Pls. call PBH's Access line 800-939-5911 to inquire about eligibility and referral.

### **The Arc of Cabarrus County**

The Arc of Cabarrus County is a local, non-profit agency which provides advocacy, support and education for individuals with intellectual/developmental disabilities and their families.

2319 Concord Lake Road, Concord, NC 28026  
(704) 788-1616  
1-800-662-8706

### **Concord Children's Developmental Services Agency (CDSA)**

1065 Vinehaven Drive Concord NC 28025  
(704) 786-9181

Service to Cabarrus, Iredell, Rowan, Stanly, Union assure that children from 0 to 3 years of age receive services mandated under the North Carolina Infant-Toddler Program, Part C of the Individuals with Disabilities Education Act. This agency is the point of referral for the North Carolina Infant-Toddler Program.

Disability Rights and Resources (part of The United Way of Central Carolinas)

5801 Executive Center Drive, Suite 101  
Charlotte, NC 28212  
Phone: 704-537-0550 (V/TTY)  
Toll free: 1-800-755-5749  
Fax: 704-566-0507

<http://www.disability-rights.org/>

Can assist clients with applying for disability and assisting with the appeals process. For assistance contact Kevin Nale at (704)537-0550. Offer advocacy, community integration, independent living skills, peer support, and information and referral. Cabarrus, Union, Meck, and Gaston.

Vocational Rehabilitation

295 Kannapolis Hwy, Concord, NC 28027  
(704) 782-2151

Sixteen and up with physical and mental disabilities seeking employment rehabilitation assistance.

**Disaster Resources / Assistance**

The Red Cross – Cabarrus Chapter

167 Union Street South, Concord, NC 28025  
(704)782-9022

<http://www.cabarruscounty.redcross.org/>

Each year our in Cabarrus County our American Red Cross touches around 15,000 individuals. They help with direct financial assistance to provide emergency housing, food, clothing, essential health & human supplies for victims of disaster - most frequently house fires. They help connect [military families](#) with their soldier at times of family and/or personal emergency. They connect soldiers with financial support when needed. They [train](#) your co-workers, your neighbor, your spouse how to help you when cardiac arrest, choking, or severe bleeding threatens your life. They teach your teenage how to be a [babysitter](#), a lifeguard, and how to save your [family pet](#). They collect almost 6,000 units of blood. Blood that is used in 103 hospitals in North Carolina to save lives and support recovery from surgeries, injuries, or therapies like chemo. And they prepare you family to Be Red Cross Ready - which prepares you and your community for disasters large and small.

**Domestic Violence Shelters**

CVAN

Cabarrus County  
P.O. Box 1749, Concord, NC 28026  
Office: (704) 788-1108  
Crisis Line: 704-788-2826 (24 hour hotline)

Turning Point

Union County  
P.O. Box 952, Monroe, NC 28111  
Office: 704-283-9150  
Crisis Line: 1-866-330-8515 (toll free)

Family Services of Davidson Co.

Davidson County  
PO Box 607 Lexington, NC 27293-1231  
Office: (336) 249-0237

Hotline: (336) 243-1934

#### Family Crisis Center

Rowan County

131 W. Council Street Salisbury, NC 28144

704-636-4718

Women and children (13 under for boys, if over 13 case reviewed for safety)

#### Crisis Council

Montgomery County

PO Box O Troy, NC 27371

Office: (910) 572-3749

Hotline: (910) 572-3747

Assistance also to Stanley County Residents

#### The Shelter for Battered Women

Mecklenburg County

PO Box 220312 Charlotte, NC 28222

Office: (704) 332-2513

Crisis line 24/7: (704) 332-2513

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## Educational Resources

### Academic Learning Center

#### Tutoring at ALC Sites

2353 Concord Lake Road, Suite 160, Concord, NC 28025

(704) 782-2301

Email them at: [academiclearningcent@ctc.net](mailto:academiclearningcent@ctc.net)

Office Hours: Monday-Thursday 10 a.m. to 5:30 p.m. ALC Sites: Monday-Thursday 3 to 4:30 p.m., however, site hours may vary. Students selected by site-based teachers and administrators. Tutoring for economically disadvantaged children grades 1-5 and public schools in math, reading, spelling and in writing.

### Barber-Scotia College

145 Cabarrus Ave W Concord, NC 28025

(704) 789-2900

[www.b-sc.edu](http://www.b-sc.edu)

See below for GED information.

### Cabarrus County Schools

4401 Old Airport Road, Concord, NC 28025

(704) 786-6191

Info line (704) 786-6197

[www.ccsweb.cabarrus.k12.nc.us](http://www.ccsweb.cabarrus.k12.nc.us)

### Kannapolis City Schools

100 Denver Street, Kannapolis, NC 28083

(704) 938-1131

[www.kannapolis.k12.nc.us](http://www.kannapolis.k12.nc.us)

Rowan Cabarrus Community College

North Campus 1333 Jake Alexander Blvd. South Salisbury, NC 28146

Rowan County (704) 637-0760

South Campus 1531 Trinity Church Road Concord, NC 28027 Cabarrus County

(704) 788-3197

[www.rowancabarrus.edu](http://www.rowancabarrus.edu)

GED Preparation: Placement test given Mondays at 9 a.m. and 6 p.m. If taking placement test at Salisbury branch call 704-216-3510. If taking placement test at Concord branch call 704-216-3742. Classes offered mornings, afternoons, and evenings at Salisbury and Concord sites. Classes offered at Barber Scotia TWTH from 10 a.m.-2 p.m. and MTTH 6-9 p.m. Classes are FREE. Book costs \$25 and GED testing fee is \$7.50. Assistance may be given to those who qualify.

R3 – CENTER

Located at 164 Dale Earnhardt Blvd., in Kannapolis

704-216-7201

<http://www.rowancabarrus.edu/r3center/index2.html>.

The R3 Center is a career development center established by RCCC to assist workers who are unemployed or under-employed. The center's mission is built on three Rs – a refocus on individual skills and interests, retraining and further education, and partnering with other workforce development agencies to secure career-oriented re-employment. The center also provides Work Keys® assessment and instruction. Completion of this program will give clients Career Readiness Certification, a nationally recognized credential, validating preparedness for specific career fields. The center offers a number of free workshops each month. All R3 Center services are offered free of charge. The center is open 8 a.m. to 9 p.m. Monday through Thursday, 8 a.m. to 5 p.m. on Friday, and 8 a.m. to noon on Saturday. The R3 Center partners with other workforce development agencies, including the Centralina Workforce Development Board, JobLink Career Centers of Cabarrus and Rowan counties, N.C. Employment Security Commission and other area community colleges.

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## Employment Assistance

Baptist Sharing House/Christian Women's Job Corp

117 Peachtree Avenue, Concord, NC 28025

(704) 788-6507

Faith based program that assist women with computer skills (a.m. & p.m. classes); budgeting; parenting; bible study (a.m. & p.m.); assistance with filling out a job application; resume building, one-on-one mentoring program. Call or walk-in to sign up for classes.

Cabarrus County Job Link Career Center/Employment Security Commission

2275 Kannapolis Hwy, Concord, NC 28027

(704) 786-3183

Assistance with job applicants, process claims for unemployment benefits.

Hours: Monday through Friday 8:00 a.m. to 4:30 p.m.

DSS-Employment Services/Work First Family Assistance

1303 S. Cannon Blvd, Kannapolis, NC 28083

(704) 920-1400

- Must apply for eligibility
- 5 year lifetime eligibility

Opportunity House –

704-786-4020

2216 Kannapolis Hwy

8-2pm. M-F

A Daytime Resource Center for residents of the homeless shelter and others in the community who are unemployed and underemployed, in need of case management and other services to improve their stability and employability.

Vocational Rehabilitation

2295 Kannapolis Hwy, Concord, NC 28027

(704) 782-2151

- Sixteen and up with physical and mental disabilities seeking employment rehabilitation assistance.

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## **Financial Assistance-eviction/cut-off utility notice/rental-utility deposits**

Central United Methodist Church

30 Union Street North, Concord, NC 28025

Need Referral from Social Worker

Assist with past due bills based on available funds.

Cooperative Christian Ministry (Concord and Kannapolis Residents)

246 Country Club Dr., Concord, NC 28025

(704) 786-4709

[www.cooperativeministry.com](http://www.cooperativeministry.com)

Open Mon., Tues., Thurs., Fri. 9:00 am-4:00 pm (Applications taken 9am – 3pm) and

Wed. 9:00 am – 12:30 pm (Applications taken 9am – 11:30am)

Appointments may be scheduled by calling 704.786.4709.

- Must be in eviction or utility cut-off status

Assistance for life sustaining medications

- Bring identification; income and expense verification with current and previous month

Asst is not available for deposits.

Department of Social Services-Cabarrus County

1303 S. Cannon Blvd., Kannapolis, NC 28083

(704) 920-1400

Monday through Friday 8:00 am-4:30 pm

- Must be in eviction or utility cut-off status.

- Bring identification, pay stubs and cut off/eviction notices.

First Baptist Church

200 Branchview Drive S.E. Concord, NC 28025

(704) 786-9167

- Assist with past due bills based on available funds.

## Salvation Army

216 Patterson Ave, Concord, NC 28025  
(704) 782-7822

- Cabarrus and Stanly counties
- Require social security cards for each member of the household.
- Verification of income and expenses
- Picture ID
- Eviction letter or cut off notice

Open: Mon, Tues, Thu 9:00 – 11:30 am; 1:00 – 2:30 pm, Must be in eviction or utility cut-off status.  
Bring identification, pay stubs and cut off/eviction notices.

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## Food Pantries

### Abundant Life Faith Church

995 Warren C. Coleman Blvd, Concord, NC 28026  
(704) 788-1506

Call to make appointment; may need to leave message and follow-up if do not receive call back 2nd and 4th Saturday need appointment prior to receiving. Restrictions on how often can receive.

### Baptist Sharing House

117 Peachtree Avenue, Concord, NC 28025  
(704) 788-6507

Monday, Tuesday, Thursday from 8 a.m. to 11 a.m. Cabarrus County only

### C and F Ministry Seeds of Blessings

265 Manor Avenue, Concord, NC 28025  
(704) 788-4726

Open: Thursday 10 a.m. to 3 p.m.

Available to all counties. Must fill out application

### Cooperative Christian Ministries Concord Site

246 Country Club Drive, Concord, NC 28025  
(704) 786-4709

[www.cooperativeministry.org](http://www.cooperativeministry.org)

Mon., Tues., Thur., Fri. 9am-4pm (apply 9a-3p); Wed. 9am-12:30pm (apply 9a-11:30pm)

Cabarrus County and City of Kannapolis residents

Must present NC ID/DL and proof of current residence (utility bill/lease/mortgage)

Proof of SS number for all in household

Proof of income and expense for current and previous months

Receipts of bills last 2 months

Every 3 months may apply.

### First Assembly Crisis Distribution Center

280 Concord Parkway, Suite 60 Concord, NC 28027  
(704) 793-4765

Open: Tuesday, Wednesday, Thursday 9 a.m. to 12 noon; 1 p.m. to 3 p.m.

Cabarrus County only



- Must present NC ID/DL and proof of current residence (utility bill/lease/mortgage)
- Proof of SS number for all in household
- Proof of all income last 2 months

Foot of the Cross FWBC

436 Lockhart, Kannapolis, NC 28083  
 (704) 938-7494

Call prior to schedule time to pick-up Monday 9am-5pm; Wednesday and Friday from 9am-11:30am   
 Need to give them name and address.  
 Available to all counties.

Kannapolis Food Pantry

1100 Pine St. Kannapolis, NC 28081  
 (704) 933-2631

Open: Saturday's from 9-11:30 a.m.

- Must live at a Kannapolis, China Grove, or Landis address
- Must present NC ID/DL and proof of current residence (utility bill/lease/mortgage)
- Proof of SS number for all in household

Main Street Mission

306 S. Main Street China Grove, NC 28023  
 (704) 855-2909

- Must provide NC ID/DL; proof of current residence (utility bill/lease/mortgage); proof of SS number for all in household.
- Must live in South Rowan-between Concord and Salisbury

Operation Bread Basket/First Missionary Baptist

57 Chestnut Drive SW, Concord, NC 28025  
 (704) 784-2581

- Monday, Wednesday, Friday 10 a.m. to 12 noon (closed in July)
- Must fill out application during operating hours above.
- Must provide valid address/ID/DL for applicant
- Must provide proof of SS number for all in household/NC ID/DL.
- Cabarrus County Residents Only

Salvation Army

216 Patterson Avenue, Concord, NC 28025  
 (704) 782-7822

M, T, Th., 9-11:30am and 1-2:30. May apply for food assistance every 3 mos.

- o Cabarrus and Stanly counties
- o Require social security cards for each member of the household.
- o Verification of income and expenses
- o Picture ID

Monday and Friday 1:30pm-4 pm; Tuesday and Thursday 8:30am-11:00am

Samaritan House Soup Kitchen

216 Patterson Avenue, Concord, NC 28025  
 (704) 786-4020

Lunch Served Monday – Friday 11:00 a.m. to 1:00 p.m.

#### Samaritan's Table

704-786-4079

Need to call for location.

Offered 3mos in summer (June, July, Aug)/ 3 mos in the winter. Dec, Jan. Feb

M T Th Friday - open to anyone

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### **Geriatric / Older Adults**

Centralina Council of Government

[www.centralina.org/aaacab.htm](http://www.centralina.org/aaacab.htm)

Phone: 704-372-2416

<http://www.ci.concord.nc.us/>

Fax: 704-347-4710

This website is a comprehensive listing of services for older adults in Cabarrus County. Areas in which they provide information is as follows: adult day care, adult protective svcs, care management community alternative programs for disabled adults, employment programs, energy assistance program, ethics, family support, food stamps, home health, hospice, hospitals, housing and long term care facilities, in-home aide svcs, institutional respite, legal services, long term care ombudsman (advocate), meals/nutrition, Medicaid, senior centers transportation and volunteer opportunities.

#### The Department on Aging

<http://www.co.cabarrus.nc.us/Aging/services.html>

The Department of Aging coordinates several human service programs funded by the Older Americans Act, which offer overall wellness activities, promote health and/or delay any decline in health status. We encourage an active, healthy lifestyle for older adults by promoting total wellness and allowing our participants to remain independent. This philosophy preserves the dignity of each individual while minimizing institutional care. We also coordinate efforts with other agencies to assist older adults in receiving the community services they need and desire. The Cabarrus County Senior Center is the hub of activity for the Department of Aging. It is at the Senior Center and remote activity sites that older adults come together to receive services and participate in a wide range of programs designed to meet the diverse needs and interests of Cabarrus County's older adults and their caregivers.

*Programs include: adult day services, caregiver support, consumer-directed services, family services, health and wellness, information and assistance services, in-home respite, nutrition, senior games, volunteer services.*

#### Meals on Wheels

320-C Copperfield Blvd., Concord, NC 28025

Telephone: 704-788-3412

Fax: 704-788-2989

[www.cabarrusmow.org](http://www.cabarrusmow.org)

Cabarrus Meals on Wheels helps homebound seniors and disabled individuals remain independent by the delivery of nutritious hot meals contributing to their overall well being.

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### **Government – Local**

Cabarrus County Government

65 Church Street, SE, Concord, NC 28025  
(704)920-2000  
Fax: (704)920-2250  
<http://cabarruscounty.us/index.html>

City of Concord  
26 Union Street, S. Concord, NC 28025  
(704) 920-5555  
[www.ci.concord.nc.us](http://www.ci.concord.nc.us)

Town of Harrisburg  
Harrisburg Town Hall  
704-455-5614  
<http://www.harrisburgnc.org/>

City of Kannapolis  
246 Oak Avenue, Kannapolis, NC 28083  
(704) 920-4300  
<http://cityofkannapolis.com/>

City of Locust  
211 Town Centre Drive, Locust, NC 28097  
704-889-1366  
<http://www.locustnc.com>

Town of Midland  
4293B Hwy 24-27 East, Midland, NC28107  
704-888-2232  
704-888-2234 (fax)  
<http://www.townofmidland.usCity/>

City of Mount Pleasant  
PO Box 787, Mt Pleasant, NC28214  
(704)436-9803  
<http://www.townofmountpleasantnc.org/>

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## **Grief / Bereavement**

Hospice & Palliative Care of Cabarrus County  
5003 Hospice Lane  
Kannapolis, NC 28081

Grief Groups are open, at no charge, to those in the community who have experienced the death of a loved one more than three months ago. All Grief Groups meet at the Hospice Center located at 5003 Hospice Lane in Kannapolis (located off of Kannapolis Pkwy near the Mooresville Rd intersection). For more information, please call (704) 935-9434.

The groups listed below are open to anyone:

Bereaved Parents Group

The 3rd Monday of each month,

6:30 - 8:00pm  
Call (704) 935-9434 to register.  
Facilitator: Ric Durham

Adult Grief Support Group  
Evening Group Begins May 14 and ends June 18  
6 consecutive Tuesday evenings from 6:00-7:30pm  
Call(704) 935-9434 and ask for Grace Hodgson, MA, LPC, NCC to register.

#### Kindermourn

1320 Harding Place, Charlotte, NC 28204  
(704)376-2580

[www.kindermourn.org](http://www.kindermourn.org)

Open to all surrounding areas to Charlotte. KinderMourn is a United Way agency that provides a program of professionally guided support groups, counseling services and community outreach programs for families experiencing the death of a child and for children grieving the death of a family member or friend. Kindermourn offers two types of support groups: The Grieving Parents Support Group, for parents who have lost a child at any age and the Empty Arms Support Group, for parents who experience the death of baby at anytime during pregnancy.

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### **Housing Resources (emergency, long-term)**

#### **Emergency Housing**

##### Samaritan House Night Shelter

Cabarrus County

216 Patterson Ave. (off Cabarrus Ave.), Concord

Everyday 7:15 pm – 6:30 am

(704.786.4020 704-782-7710)

Men, women, and children depending on availability.

##### Crisis Ministry Family Shelter

Davidson County

107 E. 1st Avenue Lexington, NC

336-248-6684

Men 6 p.m. to 6:30 am, women, and children 24/7.

##### Uptown Men's Shelter

Mecklenburg County

1210 North Tryon Street, Charlotte, NC 28206

704-334-3187

Men only; ages 18+

Must be resident of Mecklenburg County

##### Winter Overflow Shelter

3410 Statesville Avenue, Charlotte, NC 28206

704-333-2608

Open 10/1/07 to 4/30/08

Men only; ages 18+

Charlotte Emergency Housing  
2410 The Plaza, Charlotte, NC 28205  
P.O. Box 9373  
704-335-5488  
 Must have referral from Case Worker

Salvation Army  
534 Spratt Street, Charlotte, NC 28206  
704-348-2560  
 Must be resident of Mecklenburg County

Family Promise  
Executive Director 704-938-5203 Pam Smith  
Various church locations in Charlotte  
Referral/Information 704-780-1624

Community Shelter  
Union County  
311 E. Jefferson Street Monroe, NC 28112  
704-289-5300 Men, women, and children

Rowan Helping Ministries  
Rowan County  
226 N. Long Street Salisbury, NC 28144  
Shelter # 704-637-9355  
 Men, women, and children

Jackson Park Ministries  
5415 Airport Dr Charlotte, NC 28208  
(704) 392-4981  
<http://www.jacksonpark.org/>  
 Men, Women, and Children  
 Need referral from Case Worker

## **Housing – Long Term / Transitional**

### Community Link

P.O. Box 37265  
Charlotte, NC 28237-7265  
Phone: (704) 262-3670 ext.17 (intake)  
Fax: 704-262-3676  
Hours: Monday through Friday, 8:00 a.m. – 5:00 p.m.  
[www.communitylink-nc.org](http://www.communitylink-nc.org)

Community Link assists families and individuals to obtain and sustain safe, decent and affordable rental housing. In order to qualify for our Rental/Supportive Housing program individuals or families must meet the HUD homeless criteria guidelines. Case work services are also provided to families where children have been placed in Department of Social Services custody with the goal being reunification. All of these services, beginning with the initial conversations with prospective

customers, are managed by experienced Social Work or Housing Counselor professionals. Community Link services are designed to coach individuals and families to sustain stability in their lives by becoming self-reliant and less dependent on community services. Agency providers can speak to one of our Social Workers and receive more information about the application process, by contacting our intake line at 704-262-3670 ext. 17.

#### Habitat for Humanity

8 Church Street SE

PO Box 1502

Concord, North Carolina 28026

Phone: (704) 786-4001

Fax: 704-782-6222

Hours: Monday through Friday, 8:30 a.m. – 4:30 p.m.

[info@habitatcabarrus.org](mailto:info@habitatcabarrus.org)

Habitat Cabarrus has built more than 100 homes, serving more than 450 people. Habitat Partner Families and homeowners go through extensive training on financial literacy and home maintenance in addition to working more than 250 hours of "sweat equity" on their home and others'. Contrary to popular belief, homes are not given away, but sold to homeowners for a twenty- year mortgage with zero interest. Homeowners pay approximately \$450 per month for a three-bedroom home, much less than standard rent on a similar property.

For more information about the application process and owning a Habitat home, please contact Dana Richardson, Program Director, at (704) 786-4001, ext. 103 or e-mail her at [danarichardson@habitatcabarrus.org](mailto:danarichardson@habitatcabarrus.org).

#### North Carolina Division of Health Service Regulation

<http://www.ncdhhs.gov/dhsr>

The Division of Health Service Regulation regulates medical, mental health and group care facilities, emergency medical services, and local jails. They ensure that people in the care of these facilities are safe and receive appropriate care and make certain that medical facilities are built only when there is a need for them. You can find a list of the following licensed facilities:

<http://www.ncdhhs.gov/dhsr/reports>

- Adult Care Home Listing
- Ambulatory Surgical Listing
- Cardiac Rehabilitation Listing
- Family Care Home Listing
- Home Care including; HC, Hospice, Home Health Services, & Nursing Pool
- Home Care Facility with Hospice Services Only/Home Care Subset
- Hospice Listing
- Hospital Listing
- Hospital Listing by County
- Intermediate Care Facility/MR Data
- Mental Health Facility Listing by County
- Mental Health Private Psychiatric Hospitals
- Nursing Home Listing Alphabetical
- Nursing Home List by County

#### NC Housing Coalition

Our mission is to lead a campaign for housing to ensure that working families, people in crisis, seniors, and persons with disabilities may live with dignity and opportunity. Private, non-profit membership organization working for decent, safe, and affordable housing that promotes self-determination and stable communities for low-income North Carolinians.

[http://www.nchousing.org/housing\\_assistance/housing\\_location/index\\_html](http://www.nchousing.org/housing_assistance/housing_location/index_html)

By going under the section entitled “Housing by Location” you will be offered to select the county you’d like to learn about opportunities such as Section 8, Public Housing, Privately owned subsidized units

#### Opportunity House –

704-786-4020

2216 Kannapolis Hwy

8-2pm. M-F

A Daytime Resource Center for residents of the homeless shelter and others in the community who are unemployed and underemployed, in need of case management and other services to improve their stability and employability.

#### Supportive Housing Solutions

1001 East W.T. Harris Blvd, Suite P213

Charlotte, NC 28213

704-970-9388

Rentals include: Newly furnished bedroom. Newly furnished living room, Furnished Kitchen & bathroom, linens, bedding, towels, washcloths, free utilities, including cable or satellite TV, all household supplies

\$495/month

### **Home Furnishing**

Habitat Cabarrus ReStore

2902 S Cannon Blvd.

Kannapolis, NC 28081

(704) 786-4000

For more information contact Shirley Kennerly, Family Services Coordinator, at (704) 786-4001, ext 109 or email her at [shirleykennerly@habitatcabarrus.org](mailto:shirleykennerly@habitatcabarrus.org)

Discounted home furnishings including appliances, fixtures, and building materials

Hours of Operation: Tues– Fri.: 10:00 a.m.–5:00 p.m.; Sat.: 9:00 am– 4:00 p.m.

#### Goodwill Industries Thrift Stores

2303 Coldwater Ridge Drive Kannapolis, NC 28083

(704) 784-9000

Hours of Operation: Mon-Sat 8:00am-8:00pm, Sun 1:00-6:00pm

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### **Information and Referral**

#### United Way 211

By simply dialing 2-1-1, residents of Anson, Cabarrus, Mecklenburg and Union counties and the Mooresville-Lake Norman area can reach a trusted helping professional 24 hours a day. Whether you need help, such as financial counseling or housing assistance, or would like to help others by volunteering, our staff is available to help you. Cell phone users can call 1-866-744-7778. The call is free,

confidential and available in many languages. United Way 2-1-1 maintains the region's only comprehensive database of health and human services. This database is updated week.

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## **Literacy Programs**

Cabarrus Literacy Council  
2275 Kannapolis Highway Concord, NC 28027  
704-786-7323  
[cliteracy@etc.net](mailto:cliteracy@etc.net)

Monday - Thursday, 8:00am - 4:00pm

<http://www.cabarrusliteracy.org/>

The mission of the Cabarrus Literacy Council is to provide literacy programs for the citizens of Cabarrus County whereby all citizens of the community will have opportunities to learn to read and write.

- Literacy Council offers the following programs:
- Adult Basic Literacy Skills
- One Foot in Another Door
- Student Ambassador Society

If you know someone who could benefit from our services please call 704-786-READ

Our support team, dedicated to making a difference, is made up of tutors, volunteers and community partners. You can be involved as a tutor or volunteers! Contact us to find out how!

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## **Medical Assistance / Clinics**

Cabarrus Community Health Centers, Inc.

*Logan Family Medicine*

298 Lincoln Street, SW, Concord, NC 28025

(704) 920-1065

*McGill Family Medicine*

202D McGill Avenue, NW, Concord, NC 28025

(704) 792-2242

Both facilities provide services to Children (Well-Child and Sick Care Check-ups, School Physicals, Chronic Disease Management such as diabetes and asthma, Hospital Admissions, and Specialty Referrals) and Adults (Physicals, Sick Care, Chronic Disease Management such as heart disease, diabetes, Medication Assistance, Hospital Admissions, and Specialty Referrals).

Assist individuals with Medicaid, Medicare, Private Insurance, and Sliding Scale Program based income and household size. Minimum payment \$20. Open Monday through Friday 8 a.m. to 5 p.m.

## **Cabarrus Health Alliance**

Cabarrus Health Alliance is a public health authority created by the Cabarrus County Board of Commissioners effective July 1, 1997 and is governed by a seven-member board, composed of representatives of the Cabarrus County Board of Commissioners, the Cabarrus County Medical Society, the Cabarrus Physicians' Organization, the Cabarrus County Board of Health, CMC-NE Medical Center Board of Trustees, and two citizens at large.

[www.cabarrushealth.org](http://www.cabarrushealth.org)

Call for an appointment when number is listed

1307 S. Cannon Blvd., Kannapolis, NC 28083

English (704) 920-1000

Spanish (704) 920-1265

*AIDS/HIV Screening*

(704) 920-1208

Mon., Thu. 8-5:45 or Tue., Wed., Fri 8-4:45



Case management information (704) 920-1356

*Breast Health/Mammograms/Pelvic Exams*

Call (704) 920-1205

No charge for women over 50 to 64 with limited income.

*Child Service Coordinator*

(704) 920-1000 or 1-800-TLC-0422

Ages 0-5 at risk for chronic illness/emotional problems.

*Communicable Disease Services/Investigations and Education*

(704) 920-1271

*Environmental Health Services/Inspections and Water Testing*

(704) 920-1207.

*Family Planning Services*

(704) 920-1205

Exams, lab work, birth control education.

*Immunizations*

(704) 920-1208

Children 0-18, college bound (MMR, TD), adults (TD).

Available: Monday, Thursday 8a.m. -5:30 p.m., Tuesday, Wednesday & Friday 8 a.m.-4:30 p.m.

International Travel Immunizations: Charges vary.

*Maternity Clinic*

(704) 920-1205

Medical Care for pregnancy at Kannapolis site.

*Pediatric Clinic*

(704) 920-1205

Routine, immunizations, well and sick appointments.

*Pregnancy Testing*

(704) 920-1205

Testing, counseling and referral. \$20.00 fee.

*STD Clinic*

(704) 920-1205

Testing, Treatment, and Education. No charge. M-F 8a-4p.

*TB Skin Test*

(704) 920-1205

Tests & Services: Monday & Thursday 8a-5:30p; Tuesday & Friday 8a-4:30p. \$20.00

*Women, Infants and Children/WIC*

(704) 920-1204

*Supplemental Food Program for pregnancy and children up to 5 years.* Breastfeeding information and breast pump based on availability.

#### Community Care Plan

1303 S. Cannon Blvd, Kannapolis, NC 28083

(704) 920-1400

[www.cabarrushealth.org/programs/wic](http://www.cabarrushealth.org/programs/wic)

Healthcare for the uninsured population. Must be below 125% of fed. Poverty line and do not qualify for other insurance programs. Need to apply in person on days taking applications. Potential patients can call DSS directly to be phone screened and set up an appointment to apply or have a Social Worker call DSS to find out days to apply or can call main number. Cabarrus residents only.

### Community Free Clinic

528-A Lake Concord Road Concord, NC 28025 (704) 782-0650

The Community Free Clinic provides adult primary care to uninsured residents of Cabarrus County with household income at or below 125% of federal poverty. The Clinic operates on Tuesday nights with volunteers and on Thursday days with staff providers.” For a new patient appointment, call the Community Free Clinic on Tuesdays starting at 2:30pm for a same day appointment. Appointments are usually filled by 3:30pm each Tuesday. The clinic offers an on site pharmacy, lab services and referrals for specialty care at no charge to qualified residents.

### CMC – Northeast Hospital

920 Church Street, N. Concord, NC 28025

(704) 403-1275, (800)575-1275, (704)403-3000

<http://www.cmc-northeast.org/>

### Hospice and Palliative Care of Cabarrus County

5003 Hospice Lane

Kannapolis, NC 28081

Phone: 704-935-9434 Fax: 704-935-9435

<http://www.hpccc.org/home.asp>

Hospice is a special way of caring for people who are living with a living with a life-limiting illness well as their families and caregivers. The goal is to help people live their last days as comfortably as possible surrounded by family and friends. Anyone can and inquire about hospice services;

### Vision Assistance

Department of Social Services

1303 S. Cannon Blvd., Kannapolis, NC 28083

(704) 920-1400

Monday through Friday 8:00 am-4:30 pm

Fill-out Lions Club Application or Division Services for the Blind (if legally blind)

Must have been denied Medicaid before applying. Workers can contact Adult Services Intake for more information

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## **Mental Health Resources**

There are many mental health resources available within your community. If you or the person you are trying to assist has Medicaid or is Uninsured you need to contact your LME (local management entity) which is PBH. Their Access line is available 24/7 at (800)939-5911.

If this individual has private insurance you must contact the insurance provider directly. If the insurance provider does not cover the desired type of treatment, pls. call PBH.

PBH has access to a variety of therapeutic options for mental health, s/a and developmental disability needs. Pls. call PBH’s Access Hotline to be screened for an appropriate level of care. This list will not cover the entire range of service options. However, PBH’s Access line or one of the CCP’s listed below is a good starting point for any member of the community.

### **PBH - COMPREHENSIVE COMMUNITY PROVIDER CABARRUS COUNTY**

(CCP’s can take Indigent and Medicaid)

RHA Health Services

236 LePhillip Court  
Concord, NC 28025  
Phone: (704)782-1020  
Fax: (704) 782-1184

Outpatient tx – (*verify psychiatric services when calling*)  
Diagnostic Assessments  
Community Supports (adult/child/adolescents)  
Community Support Team  
Intensive In Home Services ICARE Supported Emp.  
MAJORS Peer Supports MI/DD Team

Daymark Recovery Services - Can bill Medicare for assessment and psychiatric services

284 Executive Park Drive, Ste100  
Concord , NC 28082  
(704)939-1100  
(704)939-1120  
Clinical Site Direct – Chris Abbey

Outpatient tx / Group tx  
Psychiatric services (adult/child / teled)  
Walk-in Assessments (8am-8pm)  
Mobil Crisis  
Community Supports  
Diagnostic Assessments – (possible long wait)

Youth and Adult Care Management, Inc.,

Old Earnhardt Road  
Concord, NC 28025  
Phone: (704)933-3505  
Fax: (704)933-3525

Outpatient Therapy  
Community Supports  
Diagnostic Assessments

ARC Services / Monarch

350 Pee Dee Avenue  
Albemarle, NC 28001  
Stanly, NC  
Phone: (704)782-3004  
Fax: (704) 782-3005

Diagnostic Assessments  
Community Supports (adult/child)  
Outpatient therapy  
Intensive In-home Services

To make a referral for Community Supports call (866) 272-7826

**PBH – Psychiatry**

Daymark Recovery Services

284 Executive Branch Drive, Ste 100 Concord, NC 28025  
704-939-1100  
704-939-1120

Northeast Psychological and Psychiatric Institute – Medicaid and Private Insurance

Concord - 380 Copper field Blvd, Concord, NC 28025  
(704)403-1800  
(704) 403-1836 - fax  
Harrisburg – 5427 Hwy 49, South, Harrisburg, NC 28075  
(704)454-7268  
(704) 455-4990 - fax  
Albemarle – 105 Yadkin Street, Ste 201, Albemarle, NC 28002  
(704)986-2121  
(704) 986-2150 – fax

Community Comprehensive Providers (see *Mental Health PBH – CCPS above*)

In addition to Daymark Recovery Services, some of our CCP's offer medication management services. Pls contact the agency for up to date information on this service provision.

### **PBH – LIP's – Medicaid only - licensed independent practitioners**

Pls call PBH's Access line at (800)939-5911 for current list of LIP's

If you do not require medication to address your needs these are an excellent option for outpatient therapy. These are LPC's, LCSW's, PhD's and PsyD's.

### **MHA Association of the Central Carolina's (Mental Health Association)**

PO Box 1294

Concord, NC 28026-1294

704.365.3454

[mha@mhacentralcarolinas.org](mailto:mha@mhacentralcarolinas.org)

It is the mission of the MHA to promote mental wellness through advocacy, prevention, and education. The MHA's vision is to promote mental wellness, to reduce stigma, and to advocate for effective mental health services within the local community.

MHA advocacy helps to achieve social or policy change by researching and framing issues, developing alliances, creating public support, and gathering and disseminating data. The impact of advocacy efforts provides the essential infrastructure that leads to policy change at the local, state, and federal levels, and subsequently, to social change.

#### **Our programs include:**

**Cabarrus Mental Health Services Delivery Monitoring/Legislative Education:** To better advocate for accessible, affordable quality mental health services, the MHA compiles and communicates data related to the local mental health services delivery system. Related public policy processes are monitored and community education is provided. The MHA maintains strong ties to policy makers on all levels to continually educate them on local mental health issues and to advocate for necessary policy changes to enhance mental health services delivery with Cabarrus County.

**Information and Referral Services:** MHA provides information and referrals to individuals with questions about mental health treatment services and other mental health issues. Visitors to the MHA website which averages more than 3,000 visits per month can access an on-line directory to "Find a Practitioner." Providers listed on the site are licensed and certified mental health professionals. The website also serves as an educational tool as well as a link to many useful mental health resources. Practitioners interested in adding a listing to the on-line directory should call 704.365.3454 or [download a membership application from www.mhacentralcarolinas.org](#).

**Suicide Prevention Training:** MHA staff are certified to deliver two different evidenced-based suicide prevention/[intervention](#) trainings – 1) QPR (Question, Persuade, and Refer), a one to two hour lunch-in-learn style training suitable for many different audiences. The training offers three steps anyone can learn to help prevent suicide; and 2) ASIST (Applied Suicide Intervention Skills Training), a 2-day workshop designed to teach the skills to competently and confidently intervene with an individual at risk of suicide. Skills and principles are illustrated with case studies, role-play simulations, group discussions, etc. Contact the MHA directly for scheduling by calling 704.365.3454.

**Community Education and Outreach:** MHA organizes community forums on mental health issues, arranges for delivery within the community of speaking programs on various mental health topics, attends health and agency fairs, distributes mental health literature, etc. To arrange for MHA to deliver or coordinate a program to your group or to participate in your next event, call 704.365.3454 or email [mha@mhacentralcarolians.org](mailto:mha@mhacentralcarolians.org).

**Residential/Supportive Housing:** MHA works to generate resources to establish supportive housing for persons with SPMI (Severe & Persistent Mental Illness) – group homes, supportive apartments, and independent living. MHA works with the local Continuum of Care in order to address the ongoing unmet housing need within Cabarrus County.

**ParentVOICE:** A grassroots program, staffed by parents and caregivers of youth with emotional, behavioral, or mental health concerns. The program provides trained and caring Family Support Specialists to help families navigate the education and mental health systems. ParentVOICE also provides an opportunity for parents to connect with other parents facing similar issues through various support groups.

### **NAMI – National Alliance on Mental Illness**

Helpline: 800-451-9682 (for NC residents only)

M-F, 8:30am-5pm.

Mission of NAMI NC is to promote recovery and optimize the quality of life for those living with mental illness. Local affiliates typically have monthly support meetings an/or educational and business meetings. When mental illness strikes, it is usually surrounded by confusion and isolation. Support groups can provide an opportunity to talk with other people who have “been there”.

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### **Parenting Resources**

Department of Social Services

1303 South Cannon Blvd., Kannapolis, NC 28083

Parenting education classes from 5-12; 12-17; Classes are free of charge. Priority given to DSS clients.

Pls. Deborah Moore, at (704)920-1523 contact for more information;

Parents as Teachers Program

Cabarrus Partnership for Children

2353 Concord Lake Road Suite 160, Concord, NC 28025

704-262-3683

Personal visits during which your parent educator will share age-appropriate child development and parenting information, help you learn to observe your child, and address your parenting concerns. For parents of children ages 0-7.

Cabarrus Partnership for Children:

2353 Concord Lake Road Suite 160, Concord, NC 28025 (704) 262-3683

\* Works to ensure services for health, family education, and early childhood education are available for children birth to five and their families.

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### **Pediatrics**

#### **Cabarrus Pediatrics**

- 66 Lake Concord Road, Concord, NC 28025
  - 551 Jackson Park Road, Kannapolis, NC 28083
- 704-403-7720 - please choose the option to connect you to the Kannapolis location.

**Our office hours are:** 8:00 am - 5:00 pm (Monday-Friday)

Acute illness triage on Saturday 8:15 - 12:00 pm

Services cover well child/preventive care, management of chronic problems, children with disabilities, and minor lacerations and injuries. In addition to providing general pediatric medical care, our providers have

many areas of interest including international adoption medical services, sports medicine, asthma, weight management, behavior and development, and A.D.H.D.

### **Developmental and Behavioral Pediatrics**

301 Medical Park Drive, Ste. 202, Concord, NC 28025

Phone: 704-403-2626

Fax: 704-403-2699

Dr. Joseph Stegman began this practice after years of serving as a highly respected General Pediatric Physician at Suburban Pediatric Clinic. Early in his career as a young physician, Dr. Joe developed a special interest in children with Developmental & Behavioral problems, especially those with Attention Deficit Disorders. His practice can address complex needs such as:

Attention Deficit Disorder	Speech Delays
Attention Deficit Hyperactive Disorder	Bipolar Disorder
Tourette Syndrome	Development Delays
Obsessive Compulsive Disorder	Learning Disabilities
Autism	Development Evaluations
Medical Management of Eating Disorders	
Behavioral Problems of Developmentally Delayed Children	

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### **Pregnancy Assistance**

Crisis Pregnancy Center of Concord

163 Winecoff Avenue, NW

Concord, NC 28025

704-782-2221 – 24 hr. hotline

Hours of Operation: M 9-1p T 5-8p W 9-1 p Th 9-1 p

Crisis Pregnancy Center of Cabarrus County specializes in unplanned or crisis pregnancy solutions. You won't find anyone judging you or telling you what to decide. There's no hype, no politics, and we don't make money off of anything you choose. We're here to help with FREE medical quality pregnancy tests, and, above all, our staff will explain to you every option you have if you're really pregnant.

For all other North Carolina Pregnancy Resource Centers

<http://www.ramahinternational.org/north-carolina.html>

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### **Prescription Assistance**

Community Free Clinic

528-A Lake Concord Road, Concord, NC 28025

704-782-0650

The Community Care Plan Pharmacy Program was established in 2001 and provides medications to patients seen as charity care by area physicians. Physicians see these patients in their offices and the Clinic provide the necessary medications. Currently, 550 patients receive their medication from this program.

Cooperative Christian Ministry

246 Country Club Dr., Concord, NC 28025

(704) 786-4709

Open: Mon, Tue, Thur, Fri 9:00 am-4:00 pm (Applications taken 9am – 3pm); Wed 9:00am – 12:30 pm (Applications taken 9am – 11:30am) Appointments may be scheduled.

## Salvation Army

216 Patterson Ave, Concord, NC 28025

(704) 782-7822

Open: Mon, Tues, Thu 9:00 – 11:30 am; 1:00 – 2:30 pm

- Cabarrus and Stanly counties
  - Require social security cards for each member of the household.
  - Verification of income and expenses
  - Picture ID
  - Prescription assistance up to \$35-if approved.
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## Suicide Resources

### CMC Northeast

920 Church Street North

Concord, NC 28025

704-403-3000

CMC Northeast (Emergency Care Center) offers Emergency Behavioral Health Assessments for persons experiencing acute mental health and substance abuse symptoms. Persons are triage and screened for medical clearance by medical staff, then they are seen by Masters level emergency behavioral health clinicians and referred to the most appropriate level of care. Services are available 24 hours 7 days per week.

### PBH – 800-939-5911

Contact PBH's 24/7 Access hotline for assistance with any mh/sa emergency including suicide prevention.

### Crisis Recovery Center – Daymark

1309 S. Cannon Blvd., Kannapolis, NC 28083

(704)933-3212

Facility based crisis facility; Walk-ins for individuals experiencing acute mh or substance abuse problems. Provide mental health stabilization and substance abuse detox.

### Daymark Recovery Services

284 Executive Branch Drive, Concord, NC 28025

704-939-1100

Daymark Recovery Services offers walk-in appts. from the hours of 8am-8pm, Monday – Friday for persons experiencing acute mental health of substance abuse symptoms. Daymark also offers a Mobile Crisis unit that is community based and can come to a person's home when experiencing acute mh/sa symptoms. Consumers will be seen by trained emergency services clinicians either in office or in the community.

### National Suicide Prevention Hotlines

#800-SUICIDE

800-273-TALK (8255)

TTY pls. call #800-799-4TTY (4889)

### MHA Association of the Central Carolina's (Mental Health Association)

PO Box 1294

Concord, NC 28026-1294

704.793.4106

[mha@mhcentralcarolinas.org](mailto:mha@mhcentralcarolinas.org)

The Mental Health Association of Central Carolinas, Inc. is now offering suicide prevention training (QPR) at no charge to groups within Cabarrus and Mecklenburg Counties. QPR stands for Question, Persuade and Refer, three steps anyone can learn to help prevent suicide. Just like CPR, QPR is an emergency response to someone in crisis and can save lives. QPR is the most widely taught gatekeeper training program in the United States, and more than 300,000 adults have been trained in classroom settings in more than 40 states. QPR is taught in a clear, concise format and takes approximately one hour to complete. The Mental Health Association of Central Carolinas, Inc. currently has three certified QPR trainers. The program teaches participants:

- \* How to get help for yourself or learn more about preventing suicide
- \* The common causes of suicidal behavior
- \* The warning signs of suicide
- \* How to Question, Persuade and Refer someone who may be suicidal
- \* How to get help for someone in crisis

To schedule a QPR program for your group by calling 704.365.3454

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## **Substance Abuse Services**

### **Alcoholics Anonymous**

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety

Need more information about AA, Alcoholism, or AA in & around  
Cabarrus County, Stanly County?

To talk to someone, please call the "Local AA Hotline". You may need to leave a message but someone will return your call as soon as possible

Cabarrus/Stany County AA Hotline: 704 - 983 - 1600

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Each AA District has a local "Intergroup Office" that provides support.

For District 45, it's the Charlotte Intergroup

Metrolina Intergroup

1427 South Blvd. #106

Charlotte NC 28203

Tel: 704-377-0244

Fax: 704-377-2125

24 hour Hotline: 704-332-4387

Toll Free: 1-877-233-6853

Email: [information@charlotteaa.org](mailto:information@charlotteaa.org)

### **Bethany Colony of Mercy**

1675 Bethel Colony Road

Lenoir, NC 28645

828-754-3781/9987

[www.bethelcolony.org](http://www.bethelcolony.org)



Bethel Colony is a 65 day residential program faith based substance abuse program that teaches victory over sin through Jesus Christ and the Bible. Bethel Colony is not intended to function as a medical facility. Therefore, we are unable to accept those with communicable diseases. We require prospective students to abstain from the use of alcohol and drugs at least 48 hours prior to arrival. Also, potential residents must possess a sincere desire to begin a new life and to be free from the bondage of alcohol and drugs. The required length of stay is 65 days. To serve each man effectively, it is necessary that he submit an application by phone and subsequently forward the results of recent HIV and TB medical tests. Once we receive the application and medical tests, we will place the applicant on our active waiting list, and he will be called as soon as bed space is available.

#### Caring Services

PO Box 5492  
High Point, NC 27262  
336-886-5594

12 step halfway house for men and women; have their own outpatient services; clients must be able to work; \$85 per week. Will accept dual diagnosis and medications as long as they are stable and compliant.

#### Cascades Services

##### Mecklenburg County

5800 Executive Center Dr # 101 Charlotte, NC  
(704) 336-4844  
 Women and Children  
 Need referral from Case Worker or

#### Hope Haven

3815 North Tryon Street, Charlotte, NC 28206  
704-372-8809  
 Men, Women, and Children  
 Need referral from Case Worker  
 Drug Court Referral.

#### Grace and Mercy Women's House

357 Anne Street Concord, NC 28026  
704-706-3776 (house)  
313 Jackson Park Rd. Kannapolis, NC 28082  
704-262-3796 (office)  
 Single women with HIV, substance abuse needs.  
 Call for referral.

#### Higher Level Missions

807 Lakeview Street Kannapolis, NC 28083  
704-938-5237  
<http://www.higherlevelmissions.org/mission.htm>  
 Re-Entry housing and case management for ex-offenders.  
 Need referral from Case Worker or can refer self.

#### New Life Outreach International

2216 Kannapolis Hwy. Concord, NC 28027

704-886-5489

Single men

Need referral from Case Worker or can refer self.

\$200 one-time entry fee.

#### Oxford House

<http://oxfordhouse.org>

Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home. Parallel to this concept lies the organizational structure of Oxford House, Inc. This publicly supported, non-profit 501(c)3 corporation is the umbrella organization which provides the network connecting all Oxford Houses and allocates resources to duplicate the Oxford House concept where needs arise. The number of residents in a House may range from six to fifteen; there are houses for men, houses for women, and houses which accept women with children.

Multiple locations all over the state of North Carolina including; Charlotte, Greensboro, Statesville, Asheville, Greenville, Henderson, High Point, Raleigh, Chapel Hill, etc.

#### Peachford House Inc.,

Charlotte Men and Women

2528 Roseview Lane

Charlotte, NC

(704)532-7622

[www.peachford.com](http://www.peachford.com)

Since 1994 Peachford has maintained it's simple but critical mission; To provide a structured, sober living environment to anyone with a desire to say clean & sober, regardless of their current financial situation, lack of insurance or employment. Peachford believes that when an addict or alcoholic is ready for help, they need help that day, Peachford meets that need by connecting our clients with local employers, supplying transportation, living needs and 12 step recovery meetings

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## Transportation

### Department of Social Services

1303 South Cannon Blvd., Kannapolis, NC 28083

(704) 920-1596

The Department of Social Services has several different programs to assist the community and will cover the cost for their transportation. Medicaid will cover transportation to doctor appointments and pharmacy visits (for prescription pickups only). The Work First Family Assistance program will cover transportation to job searches and one month on the job. There are many other programs with The Department of Social Services. Please contact your caseworker to learn what is available to you. If you don't have a caseworker or you are not sure who your caseworker is, please contact the main line at The Department of Social Services for assistance at (704) 920-1596.

The Department of Aging will assist clients that are over sixty years of age and are not receiving Medicaid.

(704) 920-3484

<http://www.co.cabarrus.nc.us/Aging/services.html>

Aging will also cover the cost for transportation to doctor appointments and pharmacy visits (for prescription pickups only). The Lunch Plus Club program and monthly special events are also a part of The Department of Aging services. If you think you may qualify for transportation through The Department of Aging, please call for assistance: (704) 920-3484.

#### Charlotte Area Transportation System (CATS)

<http://www.charmeck.org/Departments/cats/home>

CATS currently serves Mecklenburg County, including the City of Charlotte and the six suburban towns surrounding Charlotte: Davidson, Huntersville, and Cornelius to the north; and Matthews, Pineville and Mint Hill to the south. CATS also currently provides service to the City of Concord in Cabarrus County, the City of Gastonia in Gaston County, the Town of Mooresville in Iredell County and the Town of Rock Hill in York County, South Carolina

#### CCTS – Cabarrus County Transportation Service

28 Branchview Dr. NE, Concord, NC 28025

704-920-2246

<http://www.cabarruscounty.us/Transport/>

Cabarrus County Transportation Service (CCTS) provides transportation services that enable all eligible individuals to access necessary medical care and other resources that can improve and enhance their quality of life. By providing transportation for essential services, CCTS promotes an independent lifestyle that allows individuals to remain in their homes as long as possible. Transportation is available to the general public through the Rural General Public (RGP) program on a cost per trip basis with the purchase of RGP tickets. The service operates during normal business hours, five days a week. It provides approximately 225,000 miles of service each year, more than 100,000 trips, and consists of a fleet of more than 23 vans. Call the CCTS Demand Response Center on Monday - Friday between the hours of 8:00 am - 5:00 pm at (704) 920-2246. All reservations must be scheduled no later than 1:00 pm the day prior to the appointment. Monday reservations should be called in no later than the Friday prior to the appointment. Reservations can be scheduled up to two months in advance. Same day requests for transportation are scheduled as work in appointments and the trip will be done if possible. Transportation to a same day requested appointment is not guaranteed.

#### CK Rider –

(704)920-7433

TDD: 1.800.735.8262

<http://ckrider.com>

Serving the communities of Concord and Kannapolis, NC. All buses are ADA accessible and designed to connect you with the community.

Bus fare is \$1.00 per ride; person's with disability is \$.50 per ride; senior citizens is \$.50 per ride; children under 5 are free; transfer passes are free. Rider bus pass are \$8.00 and are for 10 rides.

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## Veterans Information

#### VA Medical Center

1501 Brenner Avenue, Salisbury, NC 28144

(704) 638-9000

[www.salisbury.va.gov/](http://www.salisbury.va.gov/)

Serving Veterans in the Central Piedmont area of NC in the Salisbury medical center or in one of two community based outpatient clinics. Primary and secondary inpatient healthcare is available to more than 287,000 veterans.

Outpatient clinics located in Winston-Salem, Charlotte, and Hickory. See website link for more information on these locations.

#### AMVETS

877-726-8387

<http://www.amvets.org/>

Supports Veterans and Active Military by providing community services.

#### American Legion

<http://www.legion.org/homepage.php>

#### Disabled American Veterans

3725 Alexandria Pike

Cold Spring, KY 41076

877-I Am A Vet (877-426-2838)

(859) 441-7300

<https://www.dav.org>

#### Military Pet Outreach Network, Inc.

PO Box 1353, Mt. Pleasant, NC 28124

704-363-2824

[www.militarypetoutreach.rescuegroups.com](http://www.militarypetoutreach.rescuegroups.com)

*Military Pet Outreach Network* rescue rehomes pets for active duty and veteran military who are misplaced due to deployment, relocation, illness or death. The *Military Pet Outreach Network rescue* is statewide but can help out of state as well. We have a listing service for pets and also take in the pets if time runs out. If fostering is needed while the soldier is deployed this can be arranged.