COLLEGE BOUND STUDENT-ATHLETES

PREPARING HICKORY RIDGE HIGH SCHOOL STUDENTS FOR COLLEGE ATHLETICS

PHIL FURR, HRHS ATHLETIC DIRECTOR
BETSY NAVAL, HRHS STUDENT SERVICES
WHICH OPTION IS THE BEST FIT FOR YOU?
NCAA RECRUITING FACTS

College sports create a pathway to opportunity for student-athletes.

480,000
Student-athletes

19,000
Teams

3
Divisions

1
Association

DIVISION I
Division I schools, on average, enroll the most students, manage the largest athletics budgets, offer a wide array of academic programs and provide the most athletics scholarships.

PARTICIPATION
- 176,000 student-athletes
- 346 colleges and universities

ATHLETICS SCHOLARSHIPS
56 percent of all student-athletes receive some level of athletics aid

ACADEMICS
2014 Graduation Success Rate: 83 percent∗

OTHER STATS
Median Undergraduate Enrollment: 9,205
Average Number of Teams per School: 19
Average Percentage of Student Body Participating in Sports: 4 percent
Division I National Championships: 26 (1 out of every 8.5 student-athletes participates)

DIVISION II
Division II provides growth opportunities through academic achievement, high-level athletics competition and community engagement. Many participants are first-generation college students.

PARTICIPATION
- 118,800 student-athletes
- 307 colleges and universities

ATHLETICS SCHOLARSHIPS
61 percent of all student-athletes receive some level of athletics aid

ACADEMICS
2014 Academic Success Rate: 71 percent∗

OTHER STATS
Median Undergraduate Enrollment: 2,530
Average Number of Teams per School: 15
Average Percentage of Student Body Participating in Sports: 10 percent
Division II National Championships: 25 (1 out of every 7 student-athletes participates)

DIVISION III
The Division III experience provides an integrated environment that focuses on academic success while offering competitive athletics and meaningful non-athletics opportunities.

PARTICIPATION
- 187,800 student-athletes
- 439 colleges and universities

FINANCIAL AID
82 percent of all student-athletes receive some form of academic grant or need-based scholarship; institutional gift aid totals $17,000 on average

ACADEMICS
2014 Academic Success Rate: 87 percent∗

OTHER STATS
Median Undergraduate Enrollment: 1,860
Average Number of Teams per School: 18
Average Percentage of Student Body Participating in Sports: 21 percent
Division III National Championships: 28 (1 out of every 10 student-athletes participates)

Want to play NCAA sports? Visit www.NCAA.org/playcollegesports
<table>
<thead>
<tr>
<th>FALL SPORTS</th>
<th>WINTER SPORTS</th>
<th>SPRING SPORTS</th>
<th>EMERGING SPORTS</th>
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<td>Men:</td>
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<td>Cross Country</td>
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<td>Baseball</td>
<td>Beach Volleyball</td>
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<td>Football</td>
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<td>Water Polo</td>
<td>Volleyball</td>
<td>Outdoor Track and Field</td>
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<td>Tennis</td>
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<td>Volleyball</td>
<td>Softball</td>
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<td>Swimming and Diving</td>
<td>Tennis</td>
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<td>Skiing</td>
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"I'm thinking of jumping right from JV ball to the NBA."
There are more than 480,000 NCAA student-athletes, and fewer than 2 percent will go pro in their sport.

<table>
<thead>
<tr>
<th>Category</th>
<th>Men's Basketball</th>
<th>Women's Basketball</th>
<th>Football</th>
<th>Baseball</th>
<th>Men's Ice Hockey</th>
<th>Men's Soccer</th>
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<tbody>
<tr>
<td>High School Student-Athletes</td>
<td>546,428</td>
<td>429,380</td>
<td>1,083,308</td>
<td>488,815</td>
<td>35,155</td>
<td>440,322</td>
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<tr>
<td>High School Senior Student-Athletes</td>
<td>156,122</td>
<td>122,680</td>
<td>309,517</td>
<td>139,661</td>
<td>10,044</td>
<td>125,806</td>
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<tr>
<td>NCAA Student-Athletes</td>
<td>18,684</td>
<td>16,593</td>
<td>73,660</td>
<td>34,554</td>
<td>4,102</td>
<td>24,803</td>
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<tr>
<td>NCAA Freshman Roster Positions</td>
<td>5,338</td>
<td>4,741</td>
<td>21,046</td>
<td>9,873</td>
<td>1,172</td>
<td>7,087</td>
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<tr>
<td>NCAA Senior Student-Athletes</td>
<td>4,152</td>
<td>3,687</td>
<td>16,369</td>
<td>7,679</td>
<td>912</td>
<td>5,512</td>
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<tr>
<td>NCAA Student-Athletes Drafted</td>
<td>44</td>
<td>35</td>
<td>251</td>
<td>695</td>
<td>51</td>
<td>75</td>
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<tr>
<td>Percent High School to NCAA</td>
<td>3.4%</td>
<td>3.9%</td>
<td>6.8%</td>
<td>7.1%</td>
<td>11.7%</td>
<td>5.6%</td>
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<tr>
<td>Percent NCAA to Professional</td>
<td>1.1%</td>
<td>0.9%</td>
<td>1.5%</td>
<td>9.1%</td>
<td>5.6%</td>
<td>1.4%</td>
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<tr>
<td>Percent High School to Professional</td>
<td>0.03%</td>
<td>0.03%</td>
<td>0.08%</td>
<td>0.50%</td>
<td>0.51%</td>
<td>0.06%</td>
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</tbody>
</table>
College-bound student-athletes who want to compete at a DI or DII school must meet NCAA academic and amateurism standards, as well as graduate from high school.

**DIVISION I**
- Final official transcript with proof of graduation
- Official transcripts from ALL high schools attended
- Test scores
- No open academic tasks
- Be on a Division I school’s institutional request list (IRL)

**DIVISION II**
- Final official transcript with proof of graduation
- Official transcripts from ALL high schools attended
- Test scores
- No open academic tasks
- Be on a Division II school’s institutional request list (IRL)
INITIAL ELIGIBILITY
HIGH SCHOOL STUDENT PROCESS

GRADE 9 - PLAN
- Start planning: Take the right courses and earn good grades
- Discuss NCAA approved core courses with HS counselor
- Sign up for a free profile page to receive NCAA reminders

GRADE 10 - REGISTER
- Register with the Eligibility Center
- Continue to have conversations with HS counselor to make sure you are on the right path
## INITIAL ELIGIBILITY
### HIGH SCHOOL STUDENT PROCESS

### GRADE 11 - STUDY
- Work with counselor to keep on track and are able to graduate with class
- Take the ACT or SAT and submit to the NCAA – code 9999
- Counselor should send or upload transcript at end of year (Eligibility Center)

### GRADE 12 - GRADUATE
- Complete final core courses
- Take SAT or ACT again, if needed
- Request final amateurism (April 1)
- Counselor should send or upload transcript after graduation (Eligibility Center)
1. Complete a total of 16 core courses in the following areas:

- **ENGLISH**: 4 years
- **MATH (Algebra I or higher)**: 3 years
- **NATURAL/PHYSICAL SCIENCE (one year of lab, if offered)**: 2 years
- **ADDITIONAL ENGLISH, MATH OR NATURAL/PHYSICAL SCIENCE**: 1 year
- **SOCIAL SCIENCE**: 2 years
- **ADDITIONAL COURSES (Any area listed to the left, foreign language or comparative religion/philosophy)**: 4 years

*Note: See the core-course progression requirements.*

2. Complete 10 out of your 16 core courses, including seven in English, math or natural/physical science, before the start of your seventh semester. Once you begin your seventh semester, you must have more than 10 core courses completed to be able to repeat or replace any of the 10 courses used to meet the 10/7 requirement. Students whose academic credentials are solely international (including Canada) are not required to meet the 10/7 requirement.

3. Complete the 16 NCAA-approved core courses in eight academic semesters or four consecutive academic years from the start of ninth grade. If you graduate from high school early, you still must meet core-course requirements.

4. Earn an SAT combined score or ACT sum score that matches your core-course GPA (minimum 2.300) on the Division I sliding scale. SAT scores earned on or after March 2016 will be evaluated based on concordance tables established by the College Board.
DIVISION I DECISIONS

Early Academic Qualifier
- Meets specific criteria after six semesters of high school
- Must submit a final high school transcript after graduation

Qualifier
- Meets specific criteria after graduation from high school
- May practice, compete, and receive athletics aid

Academic Redshirt
- Does not meet all academic criteria
- May receive an athletics scholarship and may practice, but NOT compete during first year of collegiate enrollment

Nonqualifier
- Does not meet any of the academic criteria
- May NOT practice, receive athletics aid, or compete during first year of collegiate enrollment
1. Complete 16 core courses in the following areas:

   - **ENGLISH**: 3 years
   - **MATH** (Algebra I or higher): 2 years
   - **NATURAL/PHYSICAL SCIENCE** (including one year of lab science, if offered): 2 years
   - **SOCIAL SCIENCE**: 2 years
   - **ADDITIONAL** (English, math, or natural/physical science): 3 years
   - **ADDITIONAL** (English, math, natural/physical science, social science, foreign language, comparative religion or philosophy): 4 years

2. Earn an SAT combined score* or ACT sum score that matches your core-course GPA (minimum 2.200) on the Division II competition scale.

NOTE: Both Division I and Division II (effective August 2018) use a sliding scale that compares the core course GPA to the SAT and/or ACT Sum score. Based on the comparison of these two criteria a Final Qualifier, Academic Redshirt (DI), Partial Qualifier (DII), or Nonqualifier status is determined.
<table>
<thead>
<tr>
<th>Sliding Scale B</th>
<th>Use for Division I beginning August 1, 2016</th>
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<tbody>
<tr>
<td>NCAA DIVISION I SLIDING SCALE</td>
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<tr>
<td><strong>GPA for Aid and Practice</strong></td>
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</table>
Early Academic Qualifier
• Meets specific criteria after six semesters of high school
• Must submit a final high school transcript after graduation

Qualifier
• Meets specific criteria after graduation from high school
• May practice, compete, and receive athletics aid

Partial Qualifier
• Does not meet all academic criteria
• May receive an athletics scholarship and may practice, but NOT compete during first year of collegiate enrollment

Nonqualifier
• Does not meet any of the academic criteria
• May NOT practice, receive athletics aid, or compete during first year of collegiate enrollment
If students plan to attend a Division III school, encourage them to create a free profile page at [www.eligibilitycenter.org](http://www.eligibilitycenter.org) to learn more about college sports.

Division III schools set their own admissions and eligibility standards – Students should visit [www.ncaa.org/d3](http://www.ncaa.org/d3) or contact the Division III school they plan to attend to learn more.
1. **Choose from 2 account types:**
   - Certification Account (DI and DII)
   - Profile Page (DIII)

2. **Valid Student Email**
   - Used for communication and updates from the NCAA
   - Must use a different email than a sibling who has previously registered

3. **Basic Student Personal Information**

4. **Basic Student Education History**
   - All high schools attended, including international Student Sports Participation History

5. **Student Sports Participation History**
   - List all sports they plan to participate in at an NCAA school (i.e. XC, Indoor/Outdoor Track)
   - Includes information regarding individuals who have marketed their skill (i.e. agent/scouting service)

6. **Payment**
   - $80 (International students is $135)
   - Profile page is free
   - Fee Waiver (if the student received a waiver of the SAT or ACT fee)
WHO’S RESPONSIBILITY IS IT?

Who determines who should and should not register with the NCAA Eligibility Center?

- Coaches should provide realistic advice on the likelihood of the student-athlete playing a NCAA sport
- The student’s family should make the final decision

How does a student become eligible upon graduation?

- NCAA Eligibility Center
- Academic achievement in high school, starting in Grade 9 – Eligibility is a four-year process
WHO’S RESPONSIBILITY IS IT?

How are students noticed or recruited for college sports?

- Coaches should advise and assist during the recruiting process to determine the best fit for the student-athlete.
- The student’s family should contact colleges they are interested in.

Who helps the student and their family understand recruiting rules?

- The NCAA schools that are recruiting the student should ensure the recruiting rules are followed. Rules differ by sport and division.
THE LANGUAGE: OFFERS, VERBALS, NLIS, OFFICIALS, UNOFFICIALS

• CONTACT PERIODS
  • Contact – Any face to face meeting
  • Evaluation Period – games, events, or on campus contact, no off campus contact
  • Quiet Period – on campus contact only
  • Dead Period – no in-person contact
  • Contact Period – on or off campus contact

• OFFERS, VERBALS and NLIS
  • Offers are non-binding agreements
  • Verbal acceptance is non-binding
  • Once a NLI is signed, it is an official binding contract

• RECRUITING TRIPS
  • Official vs Unofficial
  • Before you can make an official visit (Senior Year) to an NCAA Division I Institution the must have a copy of your HS Transcript and SAT/ACT test scores.
  • NCAA Division II requires that you only have ACT/SAT test scores
  • Both NCAA Division I and II require that you have registered with the NCAA Eligibility Center
  • You are only allowed 5 expense paid OFFICIAL visits to NCAA Division I or II universities (only 1 at a school)
PRACTICAL RECRUITING ADVICE FOR YOUR STUDENTS

✓ Start Early and Research School Websites
✓ Visit Schools – Official and Unofficial Visits
✓ Honest Communication with College Coach as to Level of Interest
✓ Personalize Communication with College Coaches
✓ Attend Showcases and Sports Camps (ID/Prospect Clinics)
✓ Proofread all Correspondence
  ▪ Work with high school coaches before submitting information
✓ Should NOT Discuss Money in First Communications
✓ Be Careful of Postings on Social Media
  ▪ College coaches take notice
✓ Be Respectful to HS Coaches and Parents
  ▪ College coaches watch student interactions
ODDS OF EARNING AN ATHLETIC SCHOLARSHIP

• There are approximately 480,000 NCAA student-athletes between all three divisions compared to 7,800,000 high school student-athletes.

• Of the 480,000 student-athletes, only 150,000 are on an athletic scholarship = 31.25%.

• There are many other opportunities to receive aid outside of an athletic scholarship.

• Division III schools have the most financial aid opportunities to offer students.
DIVISION I
ATHLETIC SCHOLARSHIPS

❖ Football, M/W Basketball, W Volleyball, W Tennis and W Gymnastics are only allowed to offer full scholarships. (Head Count Sport)

❖ All other sports can divide their allotted scholarships by whatever amount, or percentage, the coach desires. (Equivalency Sports)

❖ Baseball is not allowed to give athletic scholarships below 25%.
DIVISION II
ATHLETIC
SCHOLARSHIPS

❖ Partial Scholarship Model
("equivalency" model)

❖ All sports can divide their awards by the team limits allocated by the NCAA
ODDS OF EARNING AN ATHLETIC SCHOLARSHIP

* There are more Division II Scholarships available than Division I *

* There’s a higher chance of an athlete receiving an athletic scholarship at the Division II level due to how they can divide up their scholarships *
• **NAIA ELIGIBILITY**
  - If you will graduate from high school this spring and enroll in college this coming fall, the requirements are simple. High school graduation, plus **two out of three** of these requirements:
    - Achieve a minimum overall high school GPA of 2.0 on a 4.0 scale.
    - Graduate in the top half of your high school class.
    - Achieve the NAIA’s minimum test score requirement:
      - 18 composite score on the ACT*
        *EXCEPTION: ACT tests taken March 1, 2016 through April 30, 2019 require a composite score of 16.
      - 970 on the SAT (Evidence-Based Reading and Writing & Math)**
        **EXCEPTION: SAT tests taken March 1, 2016 through April 30, 2019 require a score of 860.
  
• **SCHOLARSHIPS**
  - NAIA schools DO OFFER athletic scholarships.
• **ELIGIBILITY**
  • No previous full-time college enrollment.
  • Must graduate high school

• **SCHOLARSHIPS**
  • JuCo’s DO OFFER athletic scholarships.
  • Eligibility varies by sport.
MARKETING YOURSELF – 
ATHLETICALLY AND ACADEMICALLY

• Social Media
  • Twitter
  • Snapchat
  • Follow and Tag @HRHSrecruits on Twitter
• Hudl
• Recruiting services
  • Paid vs Non-paid
• Phone calls/emails
  • Resumes
• Recruiting questionnaires
• Outside coaches
• Mailing lists
• Prospect Camps
POINTS TO REMEMBER

1. Register with the NCAA Eligibility Center and take the right core courses for eligibility.
2. Discuss the multiple college options with your counselors and coaches to find the right fit.
4. Be realistic about opportunities available.
5. APPLY TO THE COLLEGE IF THERE IS MUTUAL INTEREST.
Let us know about you

https://tinyurl.com/CollegeBoundBulls

2018-19 NCAA Guide for the College Bound Student-Athlete